



Animatronics, Pennsylvania

Up in the Air

Objectives:

- Working together

Setup:

None

Notes:

This activity can be fun to do outside on a nice day.

Variations:

- 1) Use only one hand
- 2) Each of you must hold holds in a circle the entire time
- 3) You must hit the ball higher than the tallest student's head

Materials:

- A balloon or a ball

Instructions to Team:

Keep the ball in the air for as long as you can. Everyone on the team must participate.